



# WSDSC e-News

## *Our Holiday Party at TACID, Tacoma - A Hit!*

The WSDSC Holiday Party, held at TACID, Tacoma WA, was great fun! It took place recently on Thursday, December 15th, - the day you could see forever as it wasn't even downcast with bleak cloud, snow, rain, fog, smog or anything that tends to hinder people from driving out for a party. The sun shone on us and even gave warmth to usual bitter cold air. As the event started at 10:00 a.m., members proudly walked in with their home-cooked dishes and headed for the small kitchenette with ovens heated-up. Naturally, it was too early for Christmas feast: instead about 40 of them held cookies and hot coffee in their hands and mingled about to say hi to friends and catch up on news from home. Van Scheppach, Treasurer, gave a warm greetings to everyone who came sitting down around tables and told of the exciting news on how we came upon a huge donations from AL TSA and ODHH.

(See the story about the Soup Day in Lacey, WA, in the previous eNews.) Karen Atwood, also on the committee, was able to expound on the event of the day before. She asked for names of any senior citizens who might be able to partake in the receiving end on the Deaf Senior Mentor Program which is expected to begin sometime early in the new year.



Dishes were then brought out and people lined up to fill their plates with an appetite of ones who couldn't wait to gorge it all down! TINGO games were played

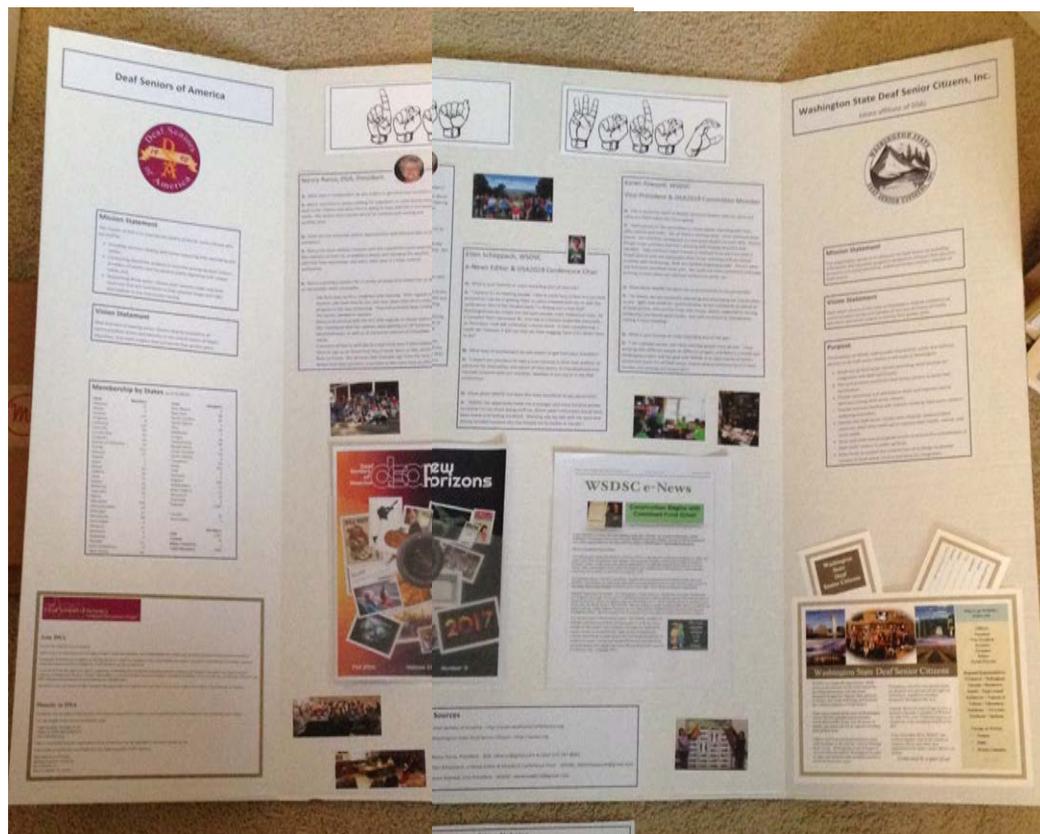


and 5 lucky winners chose an envelope with each of the letters T -I -N- G- O holding winning money and gift cards. Shortly afterwards, we held a Silent Auction with 20 items tempting members to bid on. From that, we were able to raise \$138.00.

The party was filled with laughter and joy,...quite a merriment! It was thoroughly enjoyed by all who attended. Not to forget mentioning, we were all wishing everyone else a very merry, happy holidays! With hugging and cheering on, we went about our ways.

# PRESENTATION MADE ABOUT US!

LISA SLOBOJAN AND HER DAUGHTER HAVE BEEN ATTENDING SEATTLE COMMUNITY COLLEGE ASL EVENING CLASSES BECAUSE THEY WANTED TO IMPROVE MANUAL COMMUNICATION BETWEEN THEMSELVES AND THE FATHER/ GRANDFATHER WHO IS DEAF. AS STUDENTS THEY WERE ASSIGNED AN ORGANIZATION OF THEIR CHOICE THAT HAS



SOMETHING TO DO WITH WORKING FOR OR BY DEAF PEOPLE. MS. SLOBOJAN AND THE DAUGHTER WHOSE NAME UNFORTUNATELY ESCAPED ME DECIDED TO CHECK INTO OUR WSDSC ORGANIZATION WITH THE SUBORDINATE DSA. SINCE WSDSC IS HOST OF A DSA2019SEATTLE CONFERENCE THAT IS TO OCCUR IN SEPTEMBER OF 2019, THEY INCLUDED INFORMATION ON IT AS WELL. INITIALLY,

THEY EMAILED ME AS EDITOR FOR DETAILS AND FACTS, AND WENT SO FAR AS TO CHECK WITH THE DSA PRESIDENT NANCY RARUS WHO KINDLY CONTRIBUTED ADDITIONAL INFORMATION TO ORDER TO ENHANCE THE PRESENTATION BOARD. THEN IN CLASS, THEY MADE AN ORAL PRESENTATION.

HOW I WISHED I HAD BEEN IN CLASS TO WATCH THEM PRESENT AS I AM SURE IT IS REALLY SOMETHING TO MARVEL AT THEIR ABILITY TO DEMONSTRATE THEIR UNDERSTANDING OF US AS DEAF SENIORS IN WASHINGTON STATE!

WELL DONE, MS. AND MISS SLOBOJAN!

## **Award Winning Soup recipe from Amy Besel, Lacey, WA**

### **Sweet Potato-Spinach Soup**

Sauté until soft:

- Avocado oil (a drizzle)
- 1 Red onion (diced)
- 3 sweet potatoes (cubed)

Add & cook together

- 1 TBSP Ginger
- 2 tsp coriander
- 1 tsp red pepper flakes
- 2 cans diced tomatoes (drained)

- 2 TBSP aminos (soy sauce, tamari, braggs liquid aminos or coconut aminos)
- ½ cup Peanut butter
- 4 cups veggie broth

After cooked, add ....

- 1 can coconut milk
- 4 cups baby spinach (Stir in until wilted)

Optional garnish: peanuts

>> For the instant pot owners – manual pressure cook 3 minutes then add the coconut milk and spinach.

\*\* Adapted from the cookbook "Quick Fix Vegan" by Robin Robertson

## News from the WSDSC Editor:

Van and Ellen Scheppach will be moving to Vancouver, WA at the end of the year, from Lynden, WA. It is with this news that we wish to indicate that a Post Office Box # number will be changed. Should any of you members wish to continue paying membership dues for 2017-2018, by all means, use the same address at:

WSDSC, PO Box 145, Lynden, WA 98264. Mail will hence be forwarded to the new PO Box once it's been established, however, the Lynden mailing address is still in effect for another year! Thank you for your patience in this, Ellen.

